



May 2025



Open Arms Drop-In Center

Open Monday-Friday
9:00 AM-3:00 PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 AM CRAFT/ ACTIVITY 1:00 PM GROUP DISCUSSION: TABLE MANNERS 2:00 PM B-FIT	2 BINGO 10:00 AM BINGO 1:00 PM GROUP DISCUSSION: RESPECT 2:00 PM B-FIT	3
4	5 10:00 AM OPEN DISCUSSION 1:00 PM GROUP DISCUSSION: CINCO DE MAYO 2:00 PM B-FIT	6 10:00 AM TODAY IN HISTORY 1:00 PM GROUP DISCUSSION: WHY IS PROGRAMMING IMPORTANT? 2:00 PM B-FIT	7 10:00 AM BOARD GAMES/CARDS 1:00 PM GROUP DISCUSSION: FARMERS MARKET 2:00 PM B-FIT	8 10:00 AM CRAFT/ ACTIVITY 1:00 PM GROUP DISCUSSION: GARDENING 2:00 PM B-FIT	9 10:00 AM BINGO 1:00 PM: VISIT FROM THE NURSE 2:00 PM B-FIT	10
11 Happy Mother's Day	12 10:00 AM OPEN DISCUSSION 1:00 PM GROUP DISCUSSION: MOTHERS DAY TRADITIONS 2:00 PM B-FIT	13 10:00 AM TODAY IN HISTORY 1:00 PM GROUP DISCUSSION: IMPORTANCE OF BEING ON TIME 2:00 PM B-FIT	14 Community Supports Program Wellness Conference Lions Club Park 10:30 am-3:00 pm	15 10:00 AM CRAFT/ ACTIVITY 1:00 PM GROUP DISCUSSION: STAYING ORGANIZED 2:00 PM B-FIT	16 BINGO 10:00 AM BINGO 1:00 PM GROUP DISCUSSION: INDEPENDENCE 2:00 PM B-FIT	17
18	19 10:00 AM BINGO 1:00 PM GROUP DISCUSSION: HOBBIES 2:00 PM B-FIT	20 10:00 AM TODAY IN HISTORY 1:00 PM GROUP DISCUSSION: RELAXATION & RECHARGE 2:00 PM B-FIT	21 10:00 AM BOARD GAMES/ CARDS 1:00 PM GROUP DISCUSSION: LOCAL SUMMER ACTIVITIES 2:00 PM B-FIT	22 10:00 AM CRAFT/ ACTIVITY 1:00 PM GROUP DISCUSSION: FAVORITE CHILDHOOD MEMORY 2:00 PM B-FIT	23 BINGO 10:00 AM BINGO 1:00 PM: VISIT FROM THE NURSE 2:00 PM B-FIT	24
25	26 MEMORIAL DAY CLOSED	27 10:00 AM TODAY IN HISTORY 1:00 PM GROUP DISCUSSION: MEMORIAL DAY TRIVIA/TRADITIONS 2:00 PM B-FIT	28 10:00 AM BOARD GAMES/ CARDS 1:00 PM GROUP DISCUSSION: IMPORTANCE OF EXERCISING 2:00 PM B-FIT	29 10:00 AM CRAFT/ ACTIVITY 1:00 PM GROUP DISCUSSION: STAYING ORGANIZED 2:00 PM B-FIT	30 10:00 AM BINGO 1:00 PM: SUMMER HEAT PROTECTION 2:00 PM B-FIT	31

MENTAL HEALTH TOPICS AND ACTIVITIES
WERE INSPIRED BY MEMBER CHOICE

